# November 2015

# Safe Families for Children

## Monthly Newsletter



# **Events:** SFFC Volunteer Orientation

When: Saturday, November 21th 9:00 a.m.—12:00 p.m.Where: Twin Cedars' Coleman Center, 701 Lincoln St., LaGrangeWho's invited? Anyone interested in SFFC ministry

\*\* Please RSVP by email to cgibson@twincedars.org \*\*

## A Time of Thanksgiving

#### **Volunteer Opportunities**

- Host Family
- Ministry Lead
- Family Coach
- Family Friend
- Resource Partner
- Community Outreach
- Support Groups
- Intake

There's a place for everyone to serve.

#### For More Information:

To become a SFFC Volunteer or to refer a family to SFFC, please contact:

Candi Gibson, Safe Families Coordinator (706) 298-0050 ext. 1073

cgibson@twincedars.org

www.twincedars.org

www.safe-families.org

It's November! It's that time of the year when we traditionally lay aside our 'wants,' reflect over our blessings, and become more thankful for all we have. It's that time of the year when giving thanks to others comes easy; and we remember our law enforcement. firemen, medical personnel, and social workers who tirelessly sacrifice to serve others daily. We remember to thank those who care for our children everyday, whether in school or daycare.

This time of year, we smile a little more, give an extra wave hello, or hold the door open longer for those behind us. We donate to charity more; and pay for those behind us in line more often. This is the time of year we give more sacrificially and teach our children to be more grateful.

Gratitude is a lifestyle of continually giving thanks. 1 Thess. 5:18 tells us to "Give thanks in all circumstances; for this is the Will of God in Christ Jesus for you."

Studies show many benefits to living a lifestyle of gratitude, such as improved mental alertness, better coping skills with stress and daily challenges, happier and more optimistic feelings, and a tendency to have stronger immune systems.

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past; brings peace for today, and creates a vision for tomorrow." ~Melody Beattie

SFFC-WestGA gives a special '<u>Thank You</u>!' to the Jackson and Humphries families for their sacrificial service in caring for children in need. They are loving these children as their own, while encouraging their mom, who is overwhelmingly grateful.

Volunteers motivated by their faith...

### "Ministering God's love to families in need"

#### Giving Sacrificially...

Sacrificial giving comes from a heart of thanksgiving and gratitude. It's a mindset of giving instead of consuming, sharing instead of saving, and blessing instead of receiving. To give back sacrificially is not only an act of abundant kindness, it's deliberate and given with intention.

It's giving up of our time and

allowing our schedules to be interrupted. It's sharing our excess to provide for what others lack. It's allowing someone to 'bask' in our blessings for a while; or enjoy what we too often take for granted.

Giving sacrificially requires that we 'let go' of something in efforts to strengthen someone else. It's purposeful and deliberate; yet grateful and forgiving. Sacrificial giving costs us something and is often uncomfortable; yet it never fails to yield it's unexpected blessings.

2 Cor. 4:15—"All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God."

Happy Thanksgiving!